

**Mission Statement for St. Paul's: To proclaim God's love
by word and example and to seek Christ in one another.**

St. Paul's Episcopal Church, 276 Church Street, Montrose, PA 18801

Office 570-278-2954, Mon. to Thu. 8:15am to 1:00pm

stpaulsmontrose@epix.net

<http://stpaulschurchmontrose.org>

<https://www.facebook.com/stpaulsmontrose>

Apr 14 - 20, 2019 Upcoming Events

(Events are at St. Paul's unless specified otherwise)

- April 13 DOK Meeting 10:00am
- Altar Guild will be meeting in the Guild Room from noon to 1:00 on Saturday April 13th, to prepare the Palms for Palm Sunday.
- April 14 Palm Sunday Eucharist at 10:00am with Rev. John Wagner
- April 18 Maundy Thursday service at 6:00pm with Fr. Charles Cesaretti officiating
- April 19 Good Friday Cross Walk at noon starts at Holy Name of Mary
- April 19 Good Friday Service at 6:00pm with Fr. Charles Cesaretti
- Sun. April 21 Easter Eucharist at 10:00am with Rev. John Wagner
- Sat. April 27 Worship Leader Training 9 a.m.-noon at St. Paul's
- Sat. April 27 Dinner Party 5 p.m. at St. Paul's to celebrate Fr. Charles' ministry

Thanksgivings: *Accept, O Lord, our thanks and praise for all that you have done for us, especially during this past week. Amen.*



Envelopes for Easter Flowers are available at the back of the church. Easter Lilies are \$20.00. I will need all envelopes to the office by **Sun. April 14th** for Memorials to be in the Easter Sunday Bulletin.

This Week's Lay Ministers:

Altar Guild: Barbara Undercoffler, Carol Lasher & Carol Marker

Announcements: Lynne Graham

Camera & Broadcast: Al Leigh & Andrew Wurth

Acolyte: Benjamin Zalewski & Sean Eckert

Counters: Karen Blye-McAbee & Sandy Seeger

Chalice Bearer: Esther Welden

Lector: Stephanie Calby

Intercessor: Maggie Sock

Greeter/Usher: John Finlon

Hospitality: Martha & Kristina

Readings for this week

First Reading: Isaiah 50:4-9a

Psalm: 31:9-16

Epistle: Philippians 2:5-11

Gospel: Luke 22:14-23:56

**Members of Christ Church, St. Mark's,
and St. Paul's**

**are cordially invited to celebrate the
ministry of Fr. Charles Cesaretti among us
on Saturday, April 27, 2019.**

5:00 p.m.

St. Paul's Parish Hall

Pot Luck Dinner

**A photograph of Fr. Charles surrounded by
the congregants of all three churches will
be taken and presented to him as a gift.**

Sleeping Bag Ministry Requests:

NEEDED items are: warm hats, gloves and scarves. Fabric yardage, 1 yard minimum blankets and flat sheets (no fitted sheets please) sample size soaps, shampoo, tooth paste mini size tissues Items need not be perfect, only Clean. We are OVER STOCKED with toothbrushes, socks, and neckties. Thank you to everyone who works to make this ministry possible and all are welcome to join us on the second Wednesday and second Saturday of each month downstairs in Rm. #1. No sewing, ' only need to tie a knot !!!!!



Bread Collection Update

As you know, St. Paul's started a second collection on Sundays to provide money to buy bread for the Montrose Mobile Food Pantry once a month. We expected the cost to be about \$250 a month and that has been our goal. The monthly distribution takes place on the second Friday of each month. Thank you for your generosity. The recipients of the Food Pantry services are depending on us.

Centering Prayer is Alive and Well

Be still and know that I am God. Psalm 46:10

In the fall we made the conscious decision to re-think our practice of holding Centering Prayer in the sanctuary at noon on Wednesdays. Now, in the penitential season of Lent, we hope to encourage folks to join us in prayer at noon on Wednesdays in their homes or places of work. We will come together in the church for prayer at noon on the Wednesday of Holy Week and thereafter on the last Wednesday of the month.

The following are four guidelines to Centering Prayer:

1. Choose a sacred word as the symbol of your intention to consent to God's presence and action within.
2. Sitting comfortably with eyes close, settle briefly and silently introduce the sacred word as the symbol of your consent to God's presence and action within.
3. When engaged with your thoughts (including body sensations, feelings, images, and reflections) return ever so gently to the sacred word.
4. At the end of the prayer period (20 minutes is suggested), remain in silence with eyes closed for a couple of minutes.

During your prayer time, think of each "thought interruption" as an opportunity to return to God. On Ash Wednesday, we are invited to the observance of a Holy Lent, by self-examination and repentance; by prayer, fasting, and self-denial; and by reading and meditating on God's holy Word. Centering Prayer offers quiet time to sit with God.

Adapted from Cynthia Bourgeault, [The Heart of Centering Prayer: Nondual Christianity in Theory and Practice](#) (Shambhala: 2016)

Church Closures please turn your radio dial to WPEL 96.5 FM. We will announce any closure of our church service on that station.

Mark Your Calendars

At 6:00pm on May 2, 2019, Master Gardner Nancy Dooling will present "What Kind of Butterfly is That" at the Penn State Extension Office on Chenango Street. Plan to come and enjoy the evening. You have to register through the Adult School.

For those who are ill or have requested our prayers:

Margaret Burgh, Brad Darde, Kathy Warriner, Joe & Esther Welden, Charlotte Eckert, Alice Wood, Charlotte Ellis, Esther McLaughlin, Jeanette, Jeanne & Bart Conklin, Steve Kupscznk, Kristina, Richard Marker, Martha Kupscznk, Andrew, Gaby Warriner & Carol Marker.

St. Paul's Cycle of Prayer: Carol Arnold; James & Elizabeth Bailey; Margaret Baker; Benson, Rachel, Maximus & Lucas Bartron

Our collections for the Trehab Food Bank & Women's Resource Center are the First Sunday of every month. Blessings and thanks for your support and participation.

Pastoral Emergency: call the parish office during office hours. After hours, you may call Lynne Graham at her home 570-934-1160.

Send Communications: minutes, special events etc. to the office, for the parish office to disperse.

Our thanksgivings: We give thanks for those who celebrate their birthdays this week. *O God, look with favor, we pray, as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their life. Amen.* We give thanks for those celebrating wedding anniversaries this week. *Grant o God, in your compassion, that those celebrating wedding anniversaries this week may live out the covenant they have made. May they grow in forgiveness, loyalty and love, and come at last to the eternal joys which you have promised through Jesus Christ our Lord; and may the blessing of God, the Father, the Son and the Holy Spirit be with them this day and forever. Amen.*

St. Paul's Altar Flowers: If you wish to reserve, a Sunday please sign-up on the sheet at the back of the church. Then fill out an Altar Flower Card. Please use one card for each request, enclose your check for \$36.00 with the card in the envelope provided, and place it in the offering plate or send it to the parish office prior to the week that you are doing flowers. For those wishing to supply your own flowers please sign up on the sheet at the back of the church and fill out an altar flower card indicating you will do your own flowers. Thank you!

5 Photos this week.

**Keep your faith in all things beautiful,
The last snow of winter, the first crocuses of spring.**



Sunday at St. Mark's

Last Sunday, Fr. John officiated at a joint service at St. Mark's in New Milford. Parishioners from St. Mark's, Christ Church and St. Paul's attended. A potluck luncheon was held afterward. Ken Foster from Interfaith's Board of Directors spoke about the many programs they provide and how we might be of service to them.



Automatic Door Stop

Automatic door stops have been added to the front doors at church and the side door on Chestnut Street. Just push the doors all the way open and they will stay. The two bungee cords and the salt bucket have been put out to pasture.

