



276 Church Street, Montrose, PA 18801  
Office 570-278-2954, Mon. to Thu. 8:15am to 1:00pm  
Click on link to email St. Paul's: [stpaulsmontrose@epix.net](mailto:stpaulsmontrose@epix.net)  
Click on link to go to our Website: <http://stpaulschurchmontrose.org>  
Click on link to go to our Facebook Page:  
<https://www.facebook.com/stpaulsmontrose>

Mission Statement for St. Paul's: To proclaim God's love by word and example and to seek Christ in one another.

**May 23 - 29, 2021**


**"VIEW FROM THE PEW"**

**Morning Prayer Sunday May 30 at 10:00AM**

If you are unable to attend in person worship you can watch live streamed on YouTube.

Go to St. Paul's website

<http://stpaulschurchmontrose.org> and click this

red button  on the front page, which takes you to our YouTube page.

**The office will be closed Monday May 31 for Memorial Day. To all Veterans.**



**This Week's Lay Ministers:**

Altar Guild: Mary & Ben Zalewski

Officiant: Lynne Graham

Announcements & Lector: Dan Graham

Camera & Broadcast: Andrew Wurth

**Readings for Sunday**

First Reading: Isaiah 6:1-8

Psalm: Psalm 29

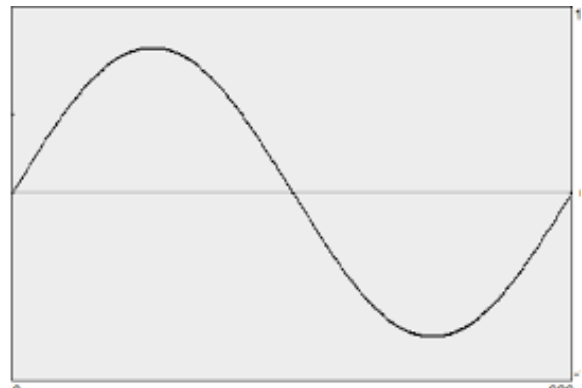
Epistle: Romans 8:12-17

Gospel: John 3:1-17

**First Wednesday of the Month:** Free Salad Dinner June 2 at St. Paul's Episcopal Church 4:30-6:00 p.m. **\*Please note** that the Free Dinners are take-out only during the pandemic.

Like a bear coming out of hibernation after a long winter's nap, the inclination tends to be to stay in bed and just take in "a few more minutes" of warmth and security. Now, our bodies aren't meant to hibernate unless you count sleeping more than 7-8 hours in a night, in which case I have become the hibernation king with sometimes 9-10 hours of sleep.

Sometimes we have to force ourselves into action to change the thought process from 'should' to 'want' to do. It is important to keep your brain active and to have a sense of purpose. Just like not exercising your body causes your muscles to atrophy, your brain needs to be worked out or exercised as well, before it starts to waste away. If you let things go, they naturally fall into disuse, just like an unattended fence. Some things you could do to keep your mind occupied and active are advancing your training or schooling through a multitude of methods. This could be accomplished as easily as simply reading a book or magazine article. Even if it's a work of fiction, authors are often pulling their ideas from real world situations or mindsets.



There is a natural cycle of affairs that occur, like a sine wave in radio wave

propagation theory that repeats itself infinitely or until it meets resistance. Cycles happen in history, like the rise and fall of empires. Your Investments will follow up and down trends (hopefully more up than down. Weather patterns will come in cycles, like 100 year floods. Some cycles or waves are short, like light waves, and some longer, like radio waves, which could be from 3 centimeters to 10 kilometers in length. Saint Paul's is at a low part of its cycle and hopefully will rise again before it meets too much resistance.

- John Warriner

**For those who are ill or have requested our prayers:** Margaret Burgh, Kathy Warriner, Naomi Bennett, Rita Leigh, Charlotte Eckert, Nancy Finlon, Johanna Masters, Jeannine Ball & Ben Cole.

**Birthdays for May:** Katherine Syle 5/28, Lucas Bartron 5/29 & Jerry Sock 5/29.

**Birthdays for June:** Elizabeth Bailey 6/8, Rita Leigh 6/10, Cathy Hammons 6/10, Ben Zalewski 6/17, Lynne Graham 6/18, John Lasher 6/20, Mary Zalewski 6/21, & Margaret Baker 6/24.

**Our thanksgivings:** We give thanks for those who celebrate their birthdays this week. *O God, our times are in your hand: look with*

*favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives. Amen.*

We give thanks for those celebrating wedding anniversaries this week. *Grant o God, in your compassion, that those celebrating wedding anniversaries this week may live out the covenant they have made. May they grow in forgiveness, loyalty and love, and come at last to the eternal joys, which you have promised through Jesus Christ our Lord; and may the blessing of God, the Father, the Son and the Holy Spirit be with them this day and forever. Amen.*

### **Pastoral Emergency or Non-Emergency**

**Contact:** you can call the parish office during office hours. After hours call Lynne Graham 570-934-1160.

**Your tithes and pledges** can be mailed to the church office at 276 Church St., Montrose, PA 18801.

### **8 Photos this week.**

## **The Day of Pentecost: Whitsunday**

### **The Gospel - I am going to the Father**

Jesus said to his disciples, "When the Advocate comes, whom I will send to you from the Father, the Spirit of truth who comes from the Father, he will testify on my behalf. You also are to testify because you have been with me from the beginning.

"I did not say these things to you from the beginning, because I was with you. But now I am going to him who sent me; yet none of you asks me, 'Where are you going?' But because I have said these things to you, sorrow has filled your hearts. Nevertheless I tell you the truth: it is to your advantage that I go away, for if I do not go away, the Advocate will not come to you; but if I go, I will send him to you. And when he comes, he will prove the world wrong about sin and righteousness and judgment: about sin, because they do not believe in me; about righteousness, because I am going to the Father and you will see me no longer; about judgment, because the ruler of this world has been condemned.

"I still have many things to say to you, but you cannot bear them now. When the Spirit of truth comes, he will guide you into all the truth; for he will not speak on his own, but will speak whatever he hears, and he will declare to you the things that are to come. He will glorify me, because he will take what is mine and declare it to you. All that the Father has is mine. For this reason I said that he will take what is mine and declare it to you. (*John 15:26-27; 16:4b-15*)

## **Father Bill's Morning Prayer**

Pentecost Sunday---the Coming of the Holy Spirit, just as Jesus promised his disciples. Till then, a bunch of fishermen, one tax-collector, a Zealot, a few farmers, a Greek and some women, huddled frightened in an Upper Rome in Jerusalem. They were not the stuff of revolt, revolution or rebellion. They were simple folk, uneducated, unsophisticated, and at times stupid.

Yet, from this day they went out and changed the world, created a new religion and would go on to conquer an Empire. Not possible. Impossible. Could not be done. Today we read the words of Acts and we know that they did precisely that. They immortalized Jesus' three year ministry and turned it into a two-thousand-year mission.

They succeeded because they received the power of the Holy Spirit. We know that. We can read, yet when we are told that the same powers, the same Holy Spirit comes upon us, from the moment of our Baptism, we don't believe. Well we do, and we don't. We shelve it. We retire it to the back of our mind. We say "YES" but we mean "NO!" How would it be if we told our friends; "I live in the Power of the Holy Spirit,"?

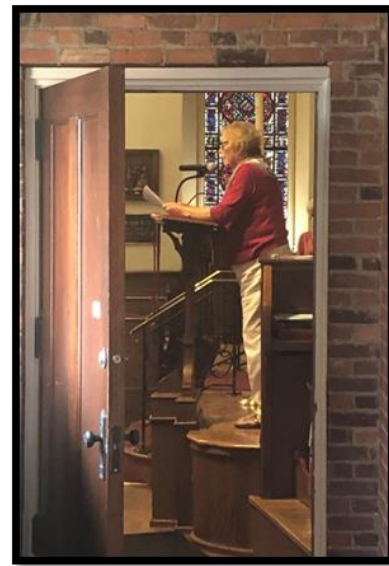
Looking back on our own lives we should know that that is true for many of us. We have overcome death, illness, disease, poverty to reach beyond ourselves and conquer our own lives. If we had Faith we would reach out and heal; if we had faith we would convince others by our words.

Isn't there a time for us all to stop being half-way-christians? I have studied every 'ism' known to man, and found nothing that comes close to the beauty of Jesus' message. We have come this far, let us choose to go all the way and believe, in him and in his Spirit. It is a Spirit of good and truth. Armed with that truth we can do anything. Amen.

## **THIS WEEK**

### **May 23rd Service**

St. Paul's was open Sunday and it felt good. Praise the Lord! We had good attendance and it was great to see everyone. The service was a live-streamed Morning Prayer Service led by Cathy Hammons. The announcements and readings were done by Lynne Graham. Cathy did double duty by also playing the organ Prelude, Organ Meditation and Postlude. As with all our live-streamed services, you can watch it any time on YouTube. Just go to the web page and click on the red button.



## Memorial Day Week in Susquehanna County

*When I was in love / Every town was Paris / Every day was Sunday / Every month was May!*

The week before Memorial Day and it turned hot with five 80 degree days in a row. The warm weather did produce the first of many summer sunsets. Bird eggs last week became featherless babies this week. Our American dogwood tree in the Memorial Garden bloomed. And while the town folks don't have to worry too much, the bears are moving around and looking for food – a nice bird feeder or two.





## The End of May is Iris Time



## Remember When – Their Voices Made the Angels Sing



Does anyone remember why everyone was up front singing?