




276 Church Street, Montrose, PA 18801
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Click on link to email St. Paul's: stpaulsmontrose@epix.net
Click on link to go to our Website: <http://stpaulschurchmontrose.org>
Click on link to go to our Facebook Page:
<https://www.facebook.com/stpaulsmontrose>

Mission Statement for St. Paul's: To proclaim God's love by word and example and to seek Christ in one another.

Aug. 8 - 21, 2021

In person worship or you can watch live streamed on YouTube. Go to St. Paul's website <http://stpaulschurchmontrose.org> and click this red button  on the front page, which takes you to our YouTube page.

This Week's Lay Ministers Aug 8:

Altar Guild: Barb Undercoffler & Karen Blye-McAbee

Officiant: John Warriner

Announcements & Lector: Lynne Graham

Camera & Broadcast: Andrew Wurth

Coffee Hour: Special Coffee Hour

Readings for Sunday Aug. 8

First Reading: 1 Kings 19:4-8

Psalms: 34:1-8

Epistle: Ephesians 4:25-5:2

Gospel: John 6:35, 41-51

Next Week's Lay Ministers Aug 15:

Altar Guild: Barb Undercoffler & Karen Blye-McAbee

Officiant: Rev. Elizabeth Grohowski

Announcements & Lector: Lynne Graham

Camera & Broadcast: Andrew Wurth

Coffee Hour:

Readings for Sunday August 15

First Reading: Isaiah 61:10-11

Psalms: 34 or 34:1-9

Epistle: Galatians 4:4-7

Gospel: Luke 1:46-55

August 9 through 13 the office is closed.

The next weekly update will be August 19.

None on August 12.

Altar Flowers on August 15 are In Memory of Mary, Mother of Our Lord Jesus Christ.

"VIEW FROM THE PEW"

A Different View on Motherhood

Growing up, I thought I'd make it to 30 before having kids. I told myself that I'd have a dog, a husband, a beautiful house, and career all before I started my own family. Little did I know, God had a different plan for me. I was a 20 year-old, a freshman in college, and newly engaged, to my now husband, when I found out I was pregnant. The sheer terror, tears rolling down my face as I watched the second line appear in the test stick. My life was changing right before my eyes. I felt scared, nervous, sad, and excited. Fast forward to the day I met my son. No one can prepare you for the feeling of motherhood settling in as you hold your baby for the first time. I felt an ache so deep, I could hardly bare it.

As a mother, we make promises to ourselves to try harder and be better. We go to sleep thinking about all the challenges we faced that day and think about all the mistakes we made. We wish we were perfect for our little ones but that's an impossible thing to achieve. We're not perfect, and we definitely make mistakes. All we can do is promise to never give up.

As a young mother, you lose touch with friends who no longer understand your priorities, you have to put a lot of things on hold, like I did when I decided to be a stay at home mom. Every inch of your body goes through immense change and you're forced to grow up quicker than anticipated. I was

fortunate to grow up in a loving home that significantly helped shape me into the woman I am today.

I want to share a favorite quote of mine about becoming a mother at a young age: "Being a young parent means we met a little early. But it also means I get to love you a little longer. Some people said my life ended when I had a baby, but my life had just begun. You didn't take away from my future, you gave me a new one."

The love I feel from my son makes everything worth while. He came in to my life when I least expected it but when I needed him the most. He helps me to see the world from a different perspective. Motherhood is an incredible bond between two lives and I will always be grateful that my body created something so special and so wonderful.

I love you, Son.

-Lindsay Golden

Welcome Deacon Liz

Please join us in welcoming the Rev. Elizabeth Grohowski as our new deacon. Deacon Liz was ordained to the diaconate on July 24 and Bishop Kevin assigned her to St. Paul's for 6 months. She will visit with us on Sunday, August 8 and begin serving on Sunday, August 15. We will continue with Morning Prayer until we work out the logistics of having the elements consecrated for her to hold a Deacon's Mass with Holy Communion. We will have Deacon Liz with St. Paul's ¾ time—Thursday, Friday, Saturday, and Sunday.

In celebration of Deacon Liz's ordination and to welcome her to St. Paul's, we will hold a special coffee hour after the service on August 8. Come meet and greet our new deacon!

August 15th

AUGUST 15th is the day set aside each year on the Episcopal and Lutheran calendars to honor Mary, the Mother of Jesus. We recite the words Mary the God bearer each Sunday with assurance and confidence.

Mary is mentioned by name 12 times in the Gospel of Luke, 5 times in Matthew, once in Mark and once in the book of Acts. The Christmas story appears only in the Gospels of Matthew and Luke. Mary is also referred to in scripture as the mother of Jesus but not always by her name.

Mary speaks and is recorded in Luke 1:34 – 1:38, 46-55 and 2:48. In Luke 1:34. Mary asked "How will this be" in reply to the angel Gabriel's announcement to her that she had been chosen to carry in her virgin womb, the Son of God. She became afraid! Gabriel answered Mary and told her nothing was impossible with God. (How often do we remind ourselves of all God can do.) In Luke 1:38, Mary speaks, "I am the Lord's servant. May it be to me as you have said." Then the angel left her. Mary is mentioned by name for the last time in Acts 1:14 when gathered in prayer with Jesus and many followers, about 120. This was prior to Pentecost.

I often think of a very young Jewish girl left to figure this all out for herself and how she would manage her faith and accepting God's plan for her and for the baby she would carry, deliver and mother into adulthood. Mary knew she was carrying a son and He was already given the name "Jesus" and He would be called the Son of the Most High. What a challenge for young Mary. No doubt all our life's challenges go a lot easier if we live by faith and trust in God's will. Mary loved and cared for her little baby boy and like mother's do, she kept him close until she no longer could. I like to think of this story as an exchange of love and

devotion between mother and child. John 19:26-27 Jesus, from the cross said to Mary "Dear woman, here is your son" And Jesus said to John, "Here is your mother." Jesus trusted his mother to John and knew she would be cared for. Jesus loved his mother.

Mary's story although told in many ways by different faiths, is special to all believers and honored this day and always for her place as Blessed among all women.

Carol Marker

For those who are ill or have requested our prayers: Margaret Burgh, Kathy Warriner, Naomi Bennett, Rita Leigh, Charlotte Eckert, Nancy Finlon, Johanna Masters & Jeannine Ball.

Social Night August 6

Please come to our St. Paul's Social Night at Bob and Vera's Home on Friday August 6 at 5 pm

Address: 173 Quarry Road, New Milford, PA 18834

Telephone # 570 465 9352

A side dish would be welcomed. If you like any "special beverage" you may bring that too.

(LOL)

Please bring a lawn chair if you have room in your vehicle.

Looking forward to seeing everyone Friday, August 6.

Respectfully, Robert and Vera Dunn

Social Night August 13

On Friday, August 13, social night will be at Dan & Lynne Graham's at 5pm.

Birthdays for August: Scott Price 8/13, Barbara Undercoffler 8/19, Else Brunner 8/20, Robert Aiken 8/23, Thomas Syle 8/25, Margaret Burgh 8/28, James Early 8/29 & Patty Aiken 8/30.

What Options do you have to Donate?



1. You can scan the QR Code above to donate.
2. You can go to St. Paul's Website and click the Donate Button for online giving.
3. Your tithes and pledges can be mailed to the church office at 276 Church St., Montrose, PA 18801.
4. Of course you can always come in person and put your donation in the plate. We would love to see you in Church!

First Wednesday of the Month on Sept. 1st: Free Salad Dinner at St. Paul's Episcopal Church from 4:30-6:00 p.m. **Please note** that the Free Dinners are take-out only.

Our thanksgivings: We give thanks for those who celebrate their birthdays this week. *O God, our times are in your hand: look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives. Amen.*

We give thanks for those celebrating wedding anniversaries this week. *Grant o God, in your compassion, that those celebrating wedding anniversaries this week may live out the covenant they have made. May they grow in forgiveness, loyalty and love, and come at last to the eternal joys, which you have promised through Jesus Christ our Lord; and may the blessing of God, the Father, the Son and the Holy Spirit be with them this day and forever. Amen.*

Pastoral Emergency or Non-Emergency

Contact: you can call the parish office during office hours. After hours call Lynne Graham 570-934-1160.

16 Photos this week.

10th Sunday After Pentecost

THE GOSPEL -- I am the bread of life

The next day, when the people who remained after the feeding of the five thousand saw that neither Jesus nor his disciples were there, they themselves got into the boats and went to Capernaum looking for Jesus.

When they found him on the other side of the sea, they said to him, "Rabbi, when did you come here?" Jesus answered them, "Very truly, I tell you, you are looking for me, not because you saw signs, but because you ate your fill of the loaves. Do not work for the food that perishes, but for the food that endures for eternal life, which the Son of Man will give you. For it is on him that God the Father has set his seal." Then they said to him, "What must we do to perform the works of God?" Jesus answered them, "This is the work of God, that you believe in him whom he has sent." So they said to him, "What sign are you going to give us then, so that we may see it and believe you? What work are you performing? Our ancestors ate the manna in the wilderness; as it is written, 'He gave them bread from heaven to eat.'" Then Jesus said to them, "Very truly, I tell you, it was not Moses who gave you the bread from heaven, but it is my Father who gives you the true bread from heaven. For the bread of God is that which comes down from heaven and gives life to the world." They said to him, "Sir, give us this bread always."

Jesus said to them, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." (*John 6:24-35*)

Father Bill's Morning Prayer

Today is the 10th Sunday of Pentecost. Bread is the theme of the readings, both from the Old Testament Book of Exodus and the Gospel of John Chapter 6. However, the second reading from Ephesians is the most interesting.

The writer, who some think to be Paul, is writing from prison. He has become involved in a dispute that he has little to do with. Ephesus is one of the centers of Early Christianity, but it has been embroiled for several years by groups holding quite diverse views. Some are followers of John the Baptist, others Paul and some the Apostle James and finally a disciple by the name of Apollos.

Paul cuts through all this, telling them that they must not allow themselves to be tossed around by every wind that blows, every doctrine that emerges or allow themselves to be fooled by trickery or deceit.

Paul's contention is that there can be only one truth. That truth must and is centered in love. Jesus Christ is and can be the only real truth and he demonstrated that truth through love, in dying for all mankind. He has left us, said Paul, as the 'Body of Christ'. There can be but one body, one Lord, one faith and one father who created all.

Paul's message and conclusion is: "Why then are you arguing and fighting among yourselves. Christ has already done what was needed. We, you and I, have one obligation and that is to pass

on the good news of his death and resurrection and spread the word to others." If we do that," claims Paul, "we will 'grow into Christ'."

These are fine words for our morning prayer as we begin August. Bishops, preachers, theologians, and priests have stood up to speak in sermon after sermon without ever mentioning the name Jesus Christ. For Paul it is central, as it is for each of us. We do not have to be theologians, nor to even understand completely. We do not have to belong to the 'right' church. Nor need we believe or have a concept of an 'afterlife'. We just need to believe that when it comes to human interaction, a man called Jesus got it right.

It is that step into the unknown, Columbus' belief in a round world, the musician's stringing four bars of crotchets and quavers together that suddenly make sense, that aha moment! Do not look for answers. If you look for answers, then you must believe that the Universe does not exist.

Scientists tell us, with one hundred percent certainty: 'nothing comes from nothing'. Before any 'big bang' or many 'big bangs' there had to be a moment when there was nothing. If there was nothing, then there is nothing, and we don't exist. The fact that we do exist, makes scientists uncomfortable. It makes me uncomfortable. No being can exist without there being 'ultimate being'. That goes beyond our reasoning.

Jesus today says: "I am the bread of life."---In other words, I am the only possible means of being. If that means that all I need do is 'believe' then I am on board. If it also means Hitler, Starlin, and every other evil doer disappears, out of existence altogether, I am also good with that. For if Christ is truth, everyone who is untruth can have no life that persists.

"Stop arguing and fighting," says Paul, and hold on to the only thing that makes sense, Jesus Christ. Not bad advice from a two-thousand-year-old dead man! In an age where truth is hard to find, Paul's message should be true for each of us today. Amen.

THIS WEEK August 1st Service

The August 1st, 11:00 Eucharist service was held at St. Matthew's Episcopal Church in Stevensville, Bradford County. The announcements were done by Lynne Graham, the readings by Ellen Ely and Mrs. Holliman and the service by Ret. Chaplain Cmdr. William Holliman. Held yearly, as always, a service at St. Matthew's is like a trip back in time. The church structure, built in 1824/1825, is largely unchanged. It was consecrated in 1826. It ceased to be a full time church in 1900 and is without heat, plumbing or electric lighting. Originally in Pike Township, it was called "the Church by the Creek" in early church records. Over 40 folks attended the service. Thanks to everyone who helped.



Picture Found of Rev. Hopkins

A picture of the Rev. George Payne Hopkins (1818-1903) is hanging in the back of St. Matthew's Church. Rev. Hopkins served at St. Paul's from 1838 to 1842 as our 4th minister. During his tenure, St. Paul's was still in its original church building at the eastern corner of Chestnut and Cedar and did not have a parsonage. The church, razed long ago, interestingly resembled St. Matthew's. Hopkins married a woman from what is now Stevensville and served in several parishes after leaving St. Paul's. He returned to Stevensville in 1873 and served as St. Matthew's minister from 1874 to 1899. Rev. Hopkins is buried at Stevensville Cemetery.



St. Paul's Free Salad Night August 4th

As we all know by now, the first Wednesday of the Month during the summer is Salad Night at St. Paul's. This month the choices were tuna salad and ham salad. Dinner included applesauce, a roll and a dessert. Parishioners volunteer to make the salads, (generally we need about four big bowls) and to help distribute it to senior housing residents and shut-ins. It's a lot of fun and helps our community. Let us know if you would like to help. We start a modified soup dinner next month for the Square only.



Letter from Margaret Hamlin

We received a wonderful letter from Peg (Allison) Hamlin, the daughter of the Rev. William Francis Allison, St. Paul's rector from 1947 to 1956. Mrs. Hamlin lived in the rectory at 264 Church Street for three years until her marriage. She receives our Weekly Update and has received a copy of our church history. She indicated the following:

"...Regarding reports of ghosts at the Rectory (then 72 Church St.), none to report. Sketchy memory of unusual door (Rev. Steinmetz origin?) off main hall, to bedroom before sunporch. Exciting occurrence was mystery of broken second floor window. Below was found culprit: combative pheasant, who flew with sufficient force....A special Montrose remembrance (1950's gift from parents) is the bench/coffee table crafted by Edward P. Little, Jr. from an old board donated by Miss Mary Mitchell from her barn on Lake Street....My copy of KEAR, autographed by E.A. Warriner (The Rev.) has been sent to John Warriner of St. Paul's....The Allison Family spent its first night in Montrose as guests of Mrs. S. Calvin (Louise) Smith in her home, the former rectory of E.A.Warriner. [Now Regans's Funeral Home] – The beginning of a treasury of memories....Sincerely and With Every Good Wish."

Mid-Summer in Susquehanna County

"Everything good, everything magical happens between the months of June and August" The mornings have been foggy and peaceful, everything is wet from the rain and the dew. The rain has caused a number of weird mushrooms and fungi to appear in the yards and woods. The Orange Mossicap below is called a "jelly belly". The barn swallows sit on phone lines with their fledglings giving them a rest before putting them through their paces again. They leave in a month. Maggie Sock sent a picture of a Monarch butterfly and a bumblebee both liking the same coneflower. It's August!





Service at St. Matthew's





New Pet Arrivals

Two parishioners have new pet arrivals. The Lashers just got a new Sheltie they call Judy and she's a beauty. She and Derry hit it off. The Graham's got a new Springer Spaniel puppy, Annie, and Sophie doesn't look as excited about the new addition as Jack's Derry does.

