

**ST. PAUL'S**  
EPISCOPAL CHURCH

# Weekly Update

July 21 - July 27

**ST. PAULS LITTLE FREE PANTRY**  
Take what you need \*\*\*\* Give what you can

**276 Church Street, Montrose, PA 18801**

Office 570-278-2954, Monday-Thursday 8:15am-3:00pm

Click on link to email St. Paul's: [stpaulsmontrose@epix.net](mailto:stpaulsmontrose@epix.net)

Click on link to go to our Website: <http://stpaulschurchmontrose.org>

Click on link to go to our Facebook Page: <https://www.facebook.com/stpaulsmontrose>

To proclaim God's love by word and example and to seek Christ in one another.

## **Our Vestry Members**

The Rev. Elizabeth Grohowski

John Warriner, Sr. Warden

Vickie Calby, Jr. Warden

John Finlon, Treasurer

Wanda Peirce, Clerk

Jack Lasher

Dan Graham

Vera Dunn

In person worship or you can watch live streamed on YouTube. Go to St. Paul's website

<http://stpaulschurchmontrose.org> and click this red button  on the front page, which takes you to our YouTube page.



**Donations** You can scan the QR Code. Or go to St. Paul's Website and click the Donate Button for online giving. You can mail your tithes & pledges to the church office at 276 Church St., Montrose, PA 18801

## **Church Closures**

Please turn your radio dial to WPEL 96.5 FM. We will announce any closure of our church service on that station.

# View from the Pulpit: Mother Liz

St. Paul's Little Free Pantry on Chestnut Street is up and running. I will bless the pantry and all those who give and receive of its bounty on Sunday immediately after the Eucharist. I am overjoyed that I have gotten to see this project through to completion before my departure.

Thank you to all who have helped in bringing this ministry to its fruition. Special thanks to those who procured the pantry, who reinvented it, who filled it, and those who will maintain it. If you would like to contribute to the inventory, we have handouts available on the inside of the door for your convenience. Please stick to the guidelines provided and keep it simple. Important note, we do not put out cans at times of extreme hot or cold temperatures and nothing in glass containers. If you have any questions about donations, please contact Wanda Peirce as she has agreed to head up this ministry. Special thanks to her and to Mary Zalewski who will be keeping an eye on the pantry on a regular basis.

I have been reflecting quite a bit about our time together, brief as it has been. It brings up many emotions for me. I think leaving a congregation must be one of the most difficult things we clergy must do. Surely there are many difficult things with which clergy are faced during their active clerical service, but departing a congregation, no matter the situation, is uniquely challenging.

I recall my first vestry meeting while I was still a deacon. Tom said to me before the meeting, "We are a family and we are here for each other." And honestly, that was my first impression of everyone at St. Paul's when I attended a Sunday service before my diaconal ordination. I felt your loving arms around me right from the start. You are the body of Christ; his hands, his feet, his heart, and you welcome the stranger with open arms.

That said, no one is perfect. We are all merely mortal. We've had our differences and miscommunication at times, however, it in no way diminishes the Christ-like attitude present in this parish. Despite our faults, we have actively engaged in spreading the Good News of Jesus Christ crucified, buried, and risen from the dead for our redemption. We do our best to witness to the unconditional love of God for all of his beloved children.

As we step out into the unknown, may we have faith that God will provide for us in good times and in bad, living fully each and every moment until we are called home one day to the mansion prepared for us with the Triune God. Let us continue to work for the coming of the Kingdom, here and hereafter. May we persevere in the sure and certain hope that, as Julian of Norwich proclaimed, all shall be well, all shall be well, and all manner of things shall be well.

You shall remain in my heart and in my prayers as I leave this blessed place. Finally, I will share the words of Henri-Frédéric Amiel, "Life is short. We don't have much time to gladden the hearts of those who walk this way with us. So, be swift to love and make haste to be kind."

In peace and the love of Christ,  
Mother Liz

# View from the Pew:

Garrison Keillor on  
Episcopalians ... An essay:

We make fun of Episcopalians for their blandness, their excessive calm, their fear of giving offense, their lack of speed and also for their secret fondness for macaroni and cheese. But nobody sings like them. If you were to ask an audience in Des Moines, a relatively Episcopalianless place, to sing along on the chorus of "Michael Row the Boat Ashore," they will look daggers at you as if you had asked them to strip to their underwear. But if you do this among Episcopalians, they'd smile and row that boat ashore and up on the beach! ...And down the road!

Many Episcopalians are bred from childhood to sing in four-part harmony, a talent that comes from sitting on the lap of someone singing alto or tenor or bass and hearing the harmonic intervals by putting your little head against that person's rib cage. It's natural for Episcopalians to sing in harmony. We are too modest to be soloists, too worldly to sing in unison. When you're singing in the key of C and you slide into the A-7th and D-7th chords, all two hundred of you, it's an emotionally fulfilling moment. By our joining in harmony, we somehow promise that we will not forsake each other.

I do believe this, people: Episcopalians, who love to sing in four-part harmony are the sort of people you could call up when you're in deep distress. If you are dying, they will comfort you. If you are lonely, they'll talk to you. And if you are hungry, they'll give you tuna salad!

Episcopalians believe in prayer, but would practically die if asked to pray out loud. Episcopalians like to sing, except when confronted with a new hymn or a hymn with more than four stanzas.

Episcopalians believe their Rectors will visit them in the hospital, even if they don't notify them that they are there. Episcopalians usually follow the official liturgy and will feel it is their way of suffering for their sins. Episcopalians believe in miracles and even expect miracles, especially during their stewardship visitation programs or when passing the plate.

Episcopalians feel that applauding for their children's choirs will not make the kids too proud and conceited.

Episcopalians think that the Bible forbids them from crossing the aisle while passing the peace. Episcopalians drink coffee as if it were the Third Sacrament. Episcopalians feel guilty for not staying to clean up after their own wedding reception in the Fellowship Hall.

Episcopalians are willing to pay up to one dollar for a meal at church. Episcopalians still serve Jell-O in the proper liturgical color of the season and Episcopalians believe that it is OK to poke fun at themselves and never take themselves too seriously.

And finally, you know you are a Episcopalian when:

- It's 100 degrees, with 90% humidity, and you still have coffee after the service.
- You hear something really funny during the sermon and smile as loudly as you can.
- Donuts are a line item in the church budget, just like coffee.
- When you watch a Star Wars movie and they say, "May the Force be with you," and you re-pond, "and also with you."
- And lastly, it takes ten minutes to say good-bye . . . .

(NOTE: Garrison Keillor attends St. John the Evangelist Episcopal Church in St. Paul, Minnesota)

## **We would love for you to be included!**

Article submissions (photos, community news items, or a personal or faith story) are due every Wednesday. This is YOUR newsletter, and all congregants are invited to share their stories and photos. Please email your items to Kate at [stpaulsmontrose@epix.net](mailto:stpaulsmontrose@epix.net) or John Warriner at [jdwarri@me.com](mailto:jdwarri@me.com); post an item to St. Paul's Episcopal Church, 276 Church St. Montrose, PA 18801 on Facebook; or drop a note in the offering plate.

# Sundays Service

Ninth Sunday after Pentecost

July  
21



## Readings for this Week:

First Reading: Jeremiah 23:1-6

Psalm: 23

The Epistle: Ephesians 2:11-22

Gospel: Mark 6:30-34, 53-56

## This Week's Ministers:

Celebrant: The Rev. Elizabeth Grohowski

Altar Guild: Vera Dunn

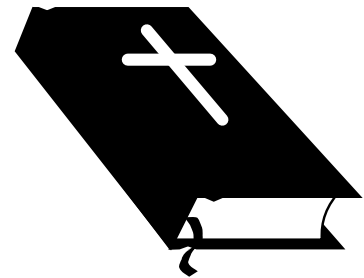
Announcements: John Warriner

Lector: Nancy Dooling

Hospitality:

## This week's Hymns:

The King of love my shepherd is  
Shepherd of souls, refresh and bless  
Just as I am, without one plea  
Christ is made the sure foundation

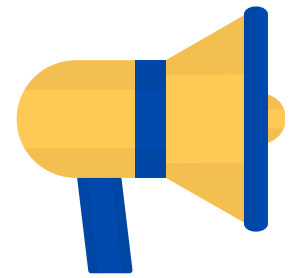


## This week's Gospel according to: Mark

The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

When they had crossed over, they came to land at Gennesaret and moored the boat. When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

# Happenings and Announcements



## Game Night

On July 26th at 6pm in the Parish Hall. Come have fun, learn a new game or play an old one. Light supper provided. Bring your favorite snack to share! All are welcome.

-Barb & Vera



### For those who are ill or have requested our prayers:

Margaret Burgh, Naomi Bennett, Rita Leigh, Nancy Finlon, Carol Marker,

### Pastoral Emergency or Non-Emergency Contact:

You can call the parish office during office hours. After hours, call Mother Liz 212-222-8109.



### This Months Birthdays:

Janet Kuhn 7/9, Maggie Sock 7/15, Stephanie Calby 7/25



### This Months Anniversaries:

### Our thanksgivings:

We give thanks for those who celebrate their birthdays this week. O God, our times are in your hand: look with favor, we pray, on your servants as they begin another year. Grant that they may grow in wisdom and grace, and strengthen their trust in your goodness all the days of their lives. Amen.

We give thanks for those celebrating wedding anniversaries this week. Grant o God, in your compassion, that those celebrating wedding anniversaries this week may live out the covenant they have made. May they grow in forgiveness, loyalty and love, and come at last to the eternal joys, which you have promised through Jesus Christ our Lord; and may the blessing of God, the Father, the Son and the Holy Spirit be with them this day and forever. Amen.



# Last Week's Service and Events

Seventh Sunday After Pentecost, July 14, 2024

Joyful, joyful, we adore Thee, God of glory, Lord of love;  
Hearts unfold like flow'rs before Thee, praising thee, their sun above  
Melt the clouds of sin and sadness; Drive the dark of doubt away;  
Giver of immortal gladness, Fill us with the light of day!

The July 14th, 2024, 10:00 Holy Eucharist service was officiated by Mother Liz. Vickie Calby gave announcements and Lynne Graham was lector and served as chalcist. Jeanette Davis played the organ to include prelude, 4 hymns and a postlude. As you know, our live-streamed services can be watched live or any time on YouTube. Just go to our webpage and hit the red button.



## Mother Liz is Leaving

Mother Liz's last Sunday will be July 28th. Her going away dinner will be July 25th at the Montrose Inn on S. Main Street at 5 o'clock. For reservations, call Kate at the office 570-278-2954.







## New Kind of Chair

If you get a chance, take a peek in the office and see the new office chair. It looks like a beach ball, but is a chair. You sit on it and bounce away when you want to move.

## St. Paul's Little Free Pantry

Our Little Free Pantry is stocked and ready for use.

Due to the excessive heat, we were unable to offer some canned items that will be available in the future.

Please note the foodstuffs and paper products that will be most needed. The list is in the pantry in a folder. Thanks to Wanda and Harry for organizing the initial stocking of the shelves.



## The Warriners Give a Shout Out From Alaska

John and Gaby send a hello from their cruise in Alaska to St. Paul's.





## MID-JULY IN SUSQUEHANNA COUNTY

“There shall be eternal summer in the grateful heart.” Hot, hot, and hotter. High clouds and hard rains, lots of humidity. Garden produce is starting to come in and beans, broccoli and snap peas have been blanched and are going in the freezer. It’s going to be a great grape year. La Rue’s corn is here and Ben picks it every morning. Three weeks ago, these Carolina Wrens were eggs, now they are ready to go. Swallowtails have found cone flowers and are fun to watch. It’s deep summer here in Susquehanna County,

